

**Maspeth Office:**  
69-61 Grand Avenue  
Maspeth, NY 11378  
(347) 242-3200  
(888) 9-AGEWELL

**AGEWELL**  
Physical Therapy & Wellness, P.C.

### From the North:

**From the Woodside Area:** Go south on 69th Street. Turn left onto Grand Avenue. Arrive at 69-61 Grand Avenue on left.

**From the Elmhurst area:** From Queens blvd, drive southwest on Grand Avenue. Arrive at 69-61 Grand Avenue on right.

### From the South:

Drive north on Fresh Pond Road towards 71st Avenue. Turn right onto Flushing Avenue. Flushing Avenue becomes Grand Avenue. Arrive at 69-61 Grand Avenue on left.

### From Manhattan:

**From the West:** Drive through the Queens Midtown Tunnel which becomes the Long Island Expressway (I-495 East.) Exit at Maurice Avenue. Stay straight to Borden Avenue. Turn left onto Grand Avenue. Arrive at 69-61 Grand Avenue on left.

**From the East:** Drive west on the Long Island Expressway (I-495E.) Take the ramp toward 69th Street/Grand Avenue. Stay straight to go onto the Queens Midtown Expressway. Turn right onto 69th place. Turn right onto Grand Avenue. Arrive at 69-61 Grand Avenue on left.

